

**TOP TECHNO FIXES**  
The most talked about  
eco-solutions for 2009

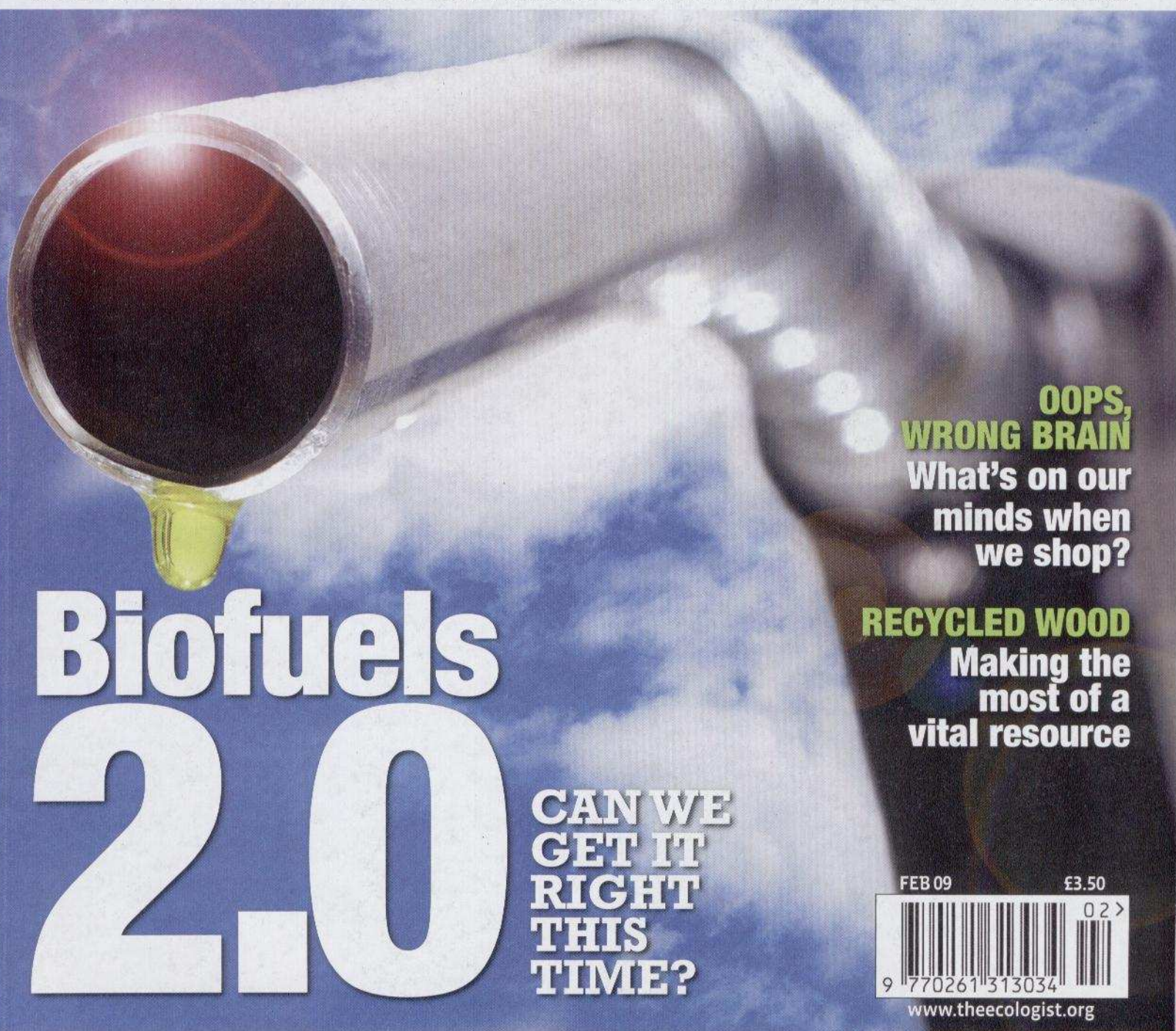
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# ECOLOGIST

THE WORLD'S LEADING ENVIRONMENTAL MAGAZINE

FEBRUARY 2009



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# Tried & tested

Remember when nobody had heard of 'organic' or 'natural' bodycare products? The brands below were the ones working studiously behind the scenes then and are largely responsible for helping make eco beauty the choice beauty option it is today



**1 Lavera Aloe Vera Cleansing Milk for sensitive and delicate skin 75ml, £6.90 and Men's Face Wash, 75ml £6.45 \*/\*\*/\*\*\***

● Lavera meaning 'truth' in latin is popular, affordable and widely available. The 21-year-old company based in Germany is still run by its founder Thomas Haase and has a range of 250 products.

**2 Weleda Calendula Baby Shampoo and Body Wash 200ml £5.95 \*/\*\*\*\***

● Extremely high quality ingredients go into making Weleda's impressive range of more than 100 bodycare products. Not satisfied with just being organic, more than half of Weleda's ingredients are grown biodynamically, many in its 15-acre Derbyshire gardens. Established in Britain in 1925, Weleda's products are excellent value-for-money.

**3 Aubrey Organics Lumessence Rejuvenating Eye Crème 15ml, £19.99 and Rosa Mosqueta Shampoo 325ml, £8.99 \*/\*\*/\*\*\*\***

● With nearly 250 hair, skin and bodycare products and longer than 40 years in business, US-based Aubrey Organics is one of the godfathers of the organic beauty industry. Founder Aubrey Hampton has an impressive list of 'firsts' which include using Rosa Mosqueta, blue chamomile and evening primrose in cosmetics.

**4 Organic Pharmacy Rose Bath Oil 100ml, £39.95, \*/\*\*/\*\*\*\***

● Founded by Margo & Franco Marrone in 2002, the Organic Pharmacy produce a range of very appealing own-brand products sold in their one-stop shop: a herbal and homeopathic dispensary, an urban day spa, a clinic.

**5 Weleda Calendula and Chamomile Shampoo and Conditioner 250ml, £7.95 (see 2)**

**6 Dr Hauschka Cleansing Milk 245ml and Facial Toner 100ml both £20.55**

● One of the most trusted and respected brands on the block, the Dr Hauschka range began life in the 1960s. Inspired by the work of Rudolf Steiner, many plants are grown in the manufacturer's biodynamic garden. The brand also supports fair trade projects, such as shea butter production in Burkina Faso.

**7 Green People Children's Mandarin Toothpaste 50ml, £3.25 and Chamomile Baby Foaming Cleanser 100ml, £8.99 \*/\*\*/\*\*\*\***

● With a really wide range of products from toothpaste and sunscreen, to shower gel this UK brand has an especially good selection for kids.

**8 Dr Bronner 18-in-1 Hemp Rose Pure Castile Soap 236 ml, £4.65**

● You can wash your face, body and clothes in it, clean your teeth, kitchen surfaces or your pet with it... Dr Bronner's magic '18-in-1' pure castile soaps are made to be multifunctional. A 50-year-old American pioneering brand, they source olive oil from Palestinian fair trade producers. Available from good health food stores.

**9 Neal's Yard Ready to Roll Remedies 9ml, £5 and Nourishing Lavender Shampoo 200ml, £10 \*/\*\*/\*\*\*\***

● Founded in 1981 and boasting a huge range, Neal's Yard Remedies is a true pioneer. Many of the herbs are grown in Dorset near its eco factory and other herbs and essential oils are sourced from the UK. Some 163 of its products have organic certification. Full marks for a very transparent web site.

\* Hair, \*\*Men, \*\*\* Babies and children